Sociocultural determinants of health and wellness are conditions and actions that support the spiritual, emotional, mental and physical health and wellbeing of people and communities.

**INUIT CULTURAL IDENTITY**

99% of Nunavimmiut reported being PROUD to be Inuk.

95% expressed that speaking INUKTITUT is an important part of their identity.

The majority of Nunavimmiut reported being satisfied with their ABILITY TO GO OUT ON THE LAND (89%) and to satisfy their COUNTRY FOOD CRAVINGS (88%).

60% had gone HUNTING, 58% FISHING, 54% BERRY PICKING and 31% SEAFOOD HARVESTING at least occasionally in the year before the survey.

**FAMILY AND COMMUNITY**

The vast majority of Nunavimmiut reported that they feel a great sense of FAMILY TOGETHERNESS (94%), and that their close family members HELP AND SUPPORT EACH OTHER (97%).

A majority of Nunavimmiut feel they BELONG TO THEIR COMMUNITY (88%) and that PEOPLE HELP EACH OTHER (81%).

62% reported that there is a FEELING OF TOGETHERNESS in their COMMUNITY.

**HEALTH AND SOCIAL SERVICES**

Despite a relatively high level of CONFIDENCE IN HEALTH SERVICES (76%), just over half of the population considered that HEALTH SERVICES (57%) and SOCIAL SERVICES (53%) are SENSITIVE TO INUIT REALITIES.

81% stated the need for more CULTURALLY ADAPTED HEALTH SERVICES.

**INTERGENERATIONAL TRAUMA**

In the year before the survey, many Nunavimmiut have experienced FAMILY STRESSORS such as alcohol/drug use, death, suicide, life-threatening illness or accident.

Almost every participant’s family has been affected directly by at least one HISTORICAL EVENT such as residential school attendance, forced relocation or the slaughter of sled dogs.

**DISCRIMINATION**

42% FELT TREATED UNFAIRLY or DISCRIMINATED AGAINST in different contexts at least a few times in the year before the survey.

Qanuilirpataa? 2017 is a population health survey carried out in Nunavik from August to October 2017. A total of 1,326 Nunavimmiut aged 16 and over from all 14 villages participated in this survey.

574 aged 16-30
752 aged 31 and +
873 women
453 men

For more information: nrhss.ca/en/health-surveys

Nakurmiik to all Nunavimmiut who contributed to this important health survey!