

SOCIOCULTURAL DETERMINANTS OF HEALTH AND WELLNESS

QANUILIRPITAA? 2017 HEALTH SURVEY

Sociocultural determinants of health and wellness are conditions and actions that support the spiritual, emotional, mental and physical health and wellbeing of people and communities.

INUIT CULTURAL IDENTITY

99%

of Nunavimmiut reported being **PROUD** to be Inuk.

95% expressed that speaking INUKTITUT is an important part of their identity.

The majority of Nunavimmiut reported being satisfied with their **ABILITY TO GO OUT ON THE LAND** (89%) and to satisfy their **COUNTRY FOOD CRAVINGS** (88%).

60% had gone **HUNTING**, 58% **FISHING**, 54% **BERRY PICKING** and 31% **SEAFOOD HARVESTING** at least occasionally in the year before the survey.

FAMILY AND COMMUNITY

The vast majority of Nunavimmiut reported that they feel a great sense of **FAMILY TOGETHERNESS** (94%), and that their close family members **HELP AND SUPPORT EACH OTHER** (97%).



A majority of Nunavimmiut feel they **BELONG TO THEIR COMMUNITY** (88%) and that **PEOPLE HELP EACH OTHER** (81%).

62% reported that there is a **FEELING OF TOGETHERNESS** in their **COMMUNITY**.

HEALTH AND SOCIAL SERVICES

Despite a relatively high level of **CONFIDENCE IN HEALTH SERVICES** (76%), just over half of the population considered that **HEALTH SERVICES** (57%) and **SOCIAL SERVICES** (53%) are **SENSITIVE TO INUIT REALITIES**.

81%

stated the need for more CULTURALLY ADAPTED HEALTH SERVICES.

INTERGENERATIONAL TRAUMA

In the year before the survey, many Nunavimmiut have experienced **FAMILY STRESSORS** such as alcohol/drug use, death, suicide, life-threatening illness or accident.

Almost every participant's family has been affected directly by at least one **HISTORICAL EVENT** such as residential school attendance, forced relocation or the slaughter of sled dogs.

DISCRIMINATION

42%

FELT TREATED UNFAIRLY or DISCRIMINATED AGAINST in different

contexts at least a few times in the year before the survey.



TO SEEK HELP ABOUT YOUR HEALTH, CONTACT YOUR LOCAL CLSC

Regional organizations are committed to working with the communities to improve the living conditions contributing to the health and wellness of Nunavimmiut.

Qanuilirpitaa? 2017 is a population health survey carried out in Nunavik from August to October 2017. A total of 1 326 Nunavimmiut aged 16 and over from all 14 villages participated in this survey.



574 aged 16-30 752 aged 31 and



453



For more information: nrbhss.ca/en/health-surveys